

Living On Purpose

An in-depth Workshop with Sheva Feld, Ph.D

*Next offering December 8-11, 2011 in
Greenbrae, CA*

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You will be guided on a journey of deep self-reflection and powerful small group process to help you identify and experience your natural attributes. You will increase your awareness of lifelong patterns and make new discoveries of what truly has heart and meaning for you.

Reclaim the life dreams that are calling to you by reframing your life experiences and identifying innate character patterns that only you were born to express.

Wherever you are on your personal journey, take this time for yourself to listen, explore, and grow exponentially in the company of supportive peers, nurtured by Sheva's wise and expert guidance. At this time, you may feel that you are living On Purpose in your work life, yet your relationships need attention. Or, your relationships may be full of purpose, while your work life may not fit with who you have become.

You will excavate your many hidden gifts and strengths. Learn to apply them to your present life experiences in order to ensure that you create your desired present and future!

Past Participants have said:

Sheva is a truly gifted therapist, and I highly recommend her workshops as well. I just attended one and it simply exceeded my expectations ten-fold. The workshop was honest, raw, and filled with unspeakable energy that has truly changed my life. Needless to say, I HIGHLY recommend Dr. Sheva Feld to anyone seeking an opportunity to evolve and

make significant and positive changes in their lives.
Michelle, Human Resources Director

I feel blessed to have taken this workshop and was overwhelmed with the powerful experience. There was an almost palpable sense of warmth, kindness, and kinship making it a comforting space to open up about the light and darkness in our lives. I am forever changed by the experience and have seen a profound shift in my mindset. I am eternally grateful for my connection with Sheva!
Rebecca, Advertising Executive

It wasn't until I participated in the *Living on Purpose* workshop that I'd ever taken the time to really reflect back on themes in my life, let alone with the guidance of a professional like Sheva. Her guidance and wisdom brought clarity to what has brought me joy and what has brought me sadness over the years. Seeing this clearly is an amazing tool for recognizing patterns, making conscious choices, and steering toward the right direction in the future. Participating in *Living On Purpose* was a valuable investment in my personal growth and intentions for inner peace.
Wendy, Graphic Designer

Sheva offered her *Living on Purpose* workshop at the perfect time, as I had gone through an incredible amount of change in the previous year. With Sheva's guidance through the daily exercises I found that I became deeply connected with my inner self and I opened up to a new level of understanding. I could not have asked for a better workshop. It was just what I needed to move forward in my work toward self- discovery and purpose.
Ilene, Senior Executive Compensation Program Manager

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Sheva Feld, Ph.D.

Spirit Soaring Psychological Services